

Activities Week 2024



ACTIVITIES WEEK



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We are very pleased to be able to offer Activities Week in July 2024 as part of the college calendar. For the week of 15 - 18 July 2024, the normal college timetable will be suspended for all students in Years 7-9 and staff will spend the week providing a variety of activities not usually available during the normal day. Activities Week is an opportunity for all students to learn new skills and develop socially, for staff and students to work together in a less formal environment, which will only help to cement working relationships for the coming academic year. It is also a great opportunity for students to try new experiences and visit places that they may not have been before.

PLANNING ACTIVITIES

Choose from the timetable of activities and complete the table below. This will make it easier for you to enter your choices online.

First Choice	Second Choice	Third Choice

COST OF ACTIVITIES, ONLINE EXPRESSION OF INTEREST, BOOKING AND PAYMENT FOR ACTIVITIES

The costs for activities have been calculated according to a maximum number of students taking part. If there are insufficient numbers of students opting for a particular activity, the activity may be subject to cancellation or an increased cost. We have ensured that there is a broad range of activities in terms of both interest and cost, which will enable everyone to participate in a worthwhile activity. Some establishments are still to finalise their 2024 prices, therefore some costs may change after this guide has been circulated.

EXPRESSIONS OF INTEREST & BOOKING

Expressions of interest for all activities must be completed online through the Google Form <https://forms.gle/87SWCy8mzL71ULXV7> which will open for bookings Friday 25th January 2024. Bookings will be open until Friday 2nd February 2024. Should you require a paper booking form, please contact our Reception on 01626 367335. Year 9 students will have priority choice as this is their last Activities Week. Once activities have been allocated, you will receive written confirmation and a payment plan (if applicable) for each activity.

PAYMENT

ACTIVITIES WILL NOT BE PAID FOR AT THE TIME OF ONLINE EXPRESSIONS OF INTEREST. Once your activity has been confirmed in writing (as above), you will be required to pay online via your ParentPay account. All payments are non-refundable, unless the activity is cancelled by the college. Once your place has been secured this cannot be changed, unless there are exceptional circumstances.

ATTENDANCE

We regard Activities Week as an important part of your child's development and, as a result, attendance is compulsory. Any unauthorised absence during this week could result in a Penalty Notice. Any absence should be notified in the usual manner through our absence lines on 01626 367335, School Gateway or by emailing attendance@nacollege.devon.sch.uk

If your child is unable to attend due to sickness we will be unable to refund any payments unless covered by an insurance policy where a residential activity has been booked. Absences of 4 days or more due to illness will require written medical evidence to be provided.

Any student who does not book activities during the booking period will automatically be enrolled on onsite supervision for the entire week. Students will be engaged in classroom-based activities and supervised by a member of staff at all times.

BEHAVIOUR

We have very high expectations regarding the conduct and behaviour of our students, both within the college and in the wider community. The majority of our students rise to these expectations and are a credit to both the college and their families. It is therefore vitally important that these standards are maintained, particularly on offsite visits where the reputation of the college needs to be upheld.

Whilst we do not anticipate any major concerns or issues to arise with students selected to participate on any offsite visits, it should be noted that we may reserve the right to remove students from a trip who we feel are unable to maintain the high standards of conduct we expect. In the unlikely event of this happening, the decision will be made by the Headteacher of the College. In these circumstances any monies paid will be refunded.

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RESIDENTIAL

Cornwall surf and water sports			
Cost: £450	Max No: 40	Years 7, 8 & 9	Residential: 5 nights
Staying at Reef Island lodge Newquay offers superb group accommodation, and the venue is about a 10-minute walk from Great Western beach. Activities included Newquay : Activities included at Falmouth : Surfing Body Boarding Beach Games Kayaking Paddle boarding Mega SUP Canoeing Raft Building Sailing Coasteering			
Lake District Activities			
Cost: £610	Max No: 30	Years 7, 8 & 9	4 days (Mon - Fri) Residential: 4 nights
All activities will be based in and around Keswick area. The place where the excitement never ends! If you're looking for a one-of-a-kind adventure that you'll cherish forever, look no further than our incredible centre. Our stunningly beautiful location, nestled in the heart of the tranquil Newlands Valley, will take your breath away and leave you feeling invigorated. When you stay with us, you'll have access to a range of thrilling activities, such as, paddleboarding, kayaking, climbing, . If you're looking to get your heart racing, our exhilarating multi activity package is a must-try. From leaping off waterfalls during our popular Ghyll Scrambling sessions to attaining new heights with our challenging Rock Climbing session, our activities are second to none. You'll create lasting memories that you'll always cherish. Make your booking today and come see for yourself why Newlands Adventure Centre is the perfect place to experience life to the fullest.			

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Year 7 Wild Week			
Cost: £130	Max No: 120	Year 7 only	4 days (Mon - Thurs)
<p>Enjoy a week of on the wild side with trips to Woodlands Theme Park, Paignton Zoo, Crealy and Splashdown.</p> <p>Woodlands - Woodlands Family Theme Park is the largest family theme park in Devon, a fun filled day out for everyone. There's something for anyone and everyone! With one of the largest and best indoor play areas in the South West, amazing water rides, a zoo farm and much more, there's fun to be had rain or shine.</p> <p>Paignton Zoo – With over 2,000 animals and countless amazing plants across 80 acres of beautiful, spacious grounds, you're in for a fantastic day out at Paignton Zoo! Paignton Zoo is one of the South West's most exciting visitor attractions. It's a place to roam, discover, explore and get in touch with nature. Come rain or shine, Paignton Zoo is a great place to visit for all the family, and you'll need a full day to see it all!</p> <p>Splashdown – Take on the sheer speed of The Screamer and ride the Wild Kamikaze, but are you BRAVE enough to face our Devil's Drop? Tumble on tyres and twist through the tubes; check out our 8 adrenalin-pumping slides below; each with a varying degree of difficulty. For the less adventurous, our Swimming Area and Sun Terraces are perfect to relax in the sunshine</p> <p>Crealy - Crealy Theme Park & Resort is an award winning family Theme Park in Devon that boasts over 60 rides and attractions, with spectacular entertainment, live shows and animals galore. It's no wonder that Crealy Theme Park & Resort has been voted as the best day out in Devon for eight years running!</p>			
Year 8 Thrill Seekers			
Cost: £130	Max No: 120	Year 8 only	4 days (Mon - Thurs)
<p>Splashdown - Take on the sheer speed of The Screamer and ride the Wild Kamikaze, but are you BRAVE enough to face our Devil's Drop? Tumble on tyres and twist through the tubes; check out our 8 adrenalin-pumping slides below; each with a varying degree of difficulty. For the less adventurous, our Swimming Area and Sun Terraces are perfect to relax in the sunshine.</p> <p>Woodlands - Woodlands Family Theme Park is the largest family theme park in Devon, a fun filled day out for everyone. There's something for anyone and everyone! With one of the largest and best indoor play areas in the South West, amazing water rides, a zoo farm and much more, there's fun to be had rain or shine.</p> <p>Bear Trail - DEVON'S MUDDIEST ASSAULT COURSE! 30 obstacles, unlimited mud! An award-winning mudfest of an attraction, The Bear Trail is a family-friendly muddy obstacle course set on a 10-acre site. The Bear Trail is suitable for all ages and abilities, make sure you wear old clothes and bring a towel!</p> <p>GO APE - From four to eighty-four, with a head for heights or not, we have an adventure for you and your tribe. Our outdoor activities are designed to challenge you physically and mentally, and our friendly staff are always on hand to help you have a safe and fun experience.</p>			
Year 9 Adrenalin Rush			
Cost: £170	Max No: 120	Year 9 only	4 days (Mon - Thurs)
<p>Clip & Climb - Challenge yourself, your family and your friends at Clip 'n Climb Exeter – the ultimate vertical playground for the young and the young at heart.</p> <p>Raceworld - Our multi-award-winning indoor karting circuit has been designed for you to experience the thrill of racing without the usual weather limitations. Rain or shine, unleash your competitive spirit in one of the best indoor circuits in the UK. Featuring trees and green areas, our aim is to simulate the thrill of outdoor racing, but with all the benefits of being indoors and not reliant on the great British weather!</p> <p>Bear Trail - DEVON'S MUDDIEST ASSAULT COURSE! 30 obstacles, unlimited mud! An award-winning mudfest of an attraction, The Bear Trail is a family-friendly muddy obstacle course set on a 10-acre site. The Bear Trail is suitable for all ages and abilities, make sure you wear old clothes and bring a towel!</p> <p>Splashdown – Take on the sheer speed of The Screamer and ride the Wild Kamikaze, but are you BRAVE enough to face our Devil's Drop? Tumble on tyres and twist through the tubes; check out our 8 adrenalin-pumping slides below; each with a varying degree of difficulty. For the less adventurous, our Swimming Area and Sun Terraces are perfect to relax in the sunshine.</p>			

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South Devon Water theme week			
Cost: £211	Max No: 30	Years 7, 8 & 9	4 days (Mon - Thurs)
<p>Description - Every day is a water day with a variety of different water based activities within the South West.</p> <p>Monday- Splashdown quaywest- 09:00- 15:30</p> <p>Tuesday-Thursday- Seasports Southwest welcomes students to take part in a variety of water sports activities at their centre in Teignmouth. Sessions can include Kayaking, Paddle boarding, Sailing, Windsurfing. Skilled instructors will lead the sessions and be on hand to offer support and advice throughout. 09:00-16:00</p>			
A Walk In The Woods			
Cost: £10	Max No: 50	Years 7, 8 & 9	4 days (Mon - Thurs)
<p>Students will create a concertina sketchbook containing images of the woods i.e. trees, plants, paths through the woods, insects, butterflies and birds as well as close up studies of patterns and textures. We will explore a range of printmaking processes such as monoprinting, lino, etching, collograph, gelli printing and also collage, sunprints and drawing with graphic pens. We will look at the work of a range of artists and also poetry to inspire this piece.</p>			
Animal Antics			
Cost: £224	Max No: 30	Years 7, 8 & 9	4 days (Mon - Thurs)
<p>Do you love horses and wild animals? Do you get a thrill from riding across the open moor and want to find out more about looking after horses, donkeys and wild animals? Then this trip is for you!</p> <p>Animal Antics week will involve spending a day riding across Dartmoor, visiting the miniature pony centre, Donkey Sanctuary and Longleat Safari Park. On the Monday we will be at Longleat so you will need to be in College at 7.15am and will not return until 5.30pm. The rest of the days will be within the normal college day. You don't need any experience with horses to take part in the riding day.</p> <p><i>Monday - to and from Longleat Safari Park</i> <i>Tuesday - to and from Miniature Pony Centre</i> <i>Wednesday - to and from Cholwell Equestrian Centre</i> <i>Thursday - to and from the Donkey Sanctuary</i></p>			
The Hunger Games			
Cost: £193	Max No. 30	Years 7, 8 & 9	4 days (Mon - Thurs)
<p>This trip is a unique opportunity to recreate a version of 'The Hunger Games' on Dartmoor, blending forest skills, nature awareness and storytelling. Tributes will spend the week immersed in the forest with two specific days at the Hunger Games 'Training Camp' where they learn survival skills such as fire making, shelter building, camouflage and sneaking/stalking. On the final day, Tributes are paired to enter the Arena and the games begin. Who will be this year's victor?</p>			
Creative Film			
Cost: Free	Max No. 30	Years 7, 8 & 9	4 days (Mon - Thurs)
<p>Spend the week creating your own short film! Learn how to develop scripts and storyboards, operate camera, sound and lighting and equipment and editing your very own short film.</p>			
Languages and Culture week			
Cost: £21	Max No. 30	Years 7, 8 & 9	4 days (Mon - Thurs)
<p>Learn new languages, celebrate cultural diversity around the world, try different foods, play games, watch foreign language films, learn songs in different languages, find out about careers involving languages.</p>			

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Mindful Craft			
Cost: £26	Max No. 30	Years 7, 8 & 9	4 days (Mon - Thurs)
Come and learn some new skills and maybe develop a new hobby in a calm and relaxed environment. Learn to make gift boxes and greetings cards and other amazing paper-based crafts. Make your own jewellery including bracelets, necklaces, charm bracelets, earrings and more, for yourself or as gifts for friends and family. You'll learn techniques including metal work cutting and bending, knot tying and gluing. Materials will be supplied and you get to take your creations home. A fun but relaxing crafty activity for creative types.			
Creative Outdoors			
Cost: Free	Max No. 30	Years 7, 8 & 9	4 days (Mon - Thurs)
The week will involve designing, creating and building in the college gardens. Students must wear old clothes, as they are likely to get muddy from creating in the gardens and may also get paint on their clothes. Students are expected to bring their own gardening gloves.			
Football Academy			
Cost: £25	Max No. 40	Years 7, 8 & 9	4 days (Mon - Fri)
Students will take part in a range of fun based football activities that develop their technical and tactical playing ability. Those attending do not need to be a club-based player. All levels of experience and ability are welcome. Each morning will consist of training drills and activities. The afternoons will be spent taking part in mini competitions. All activities will be led by coaches from Saints South West. There will also be daily competitions with prizes taking place.			
The Magic of Theatre!			
Cost: £120	Max No: 24	Years 7, 8 & 9	4 days (Mon - Thurs)
Immerse yourself in a week of Drama and performance. Students will have the opportunity to take part in performance workshops with professional practitioners and theatre companies, allowing them to build on their existing performance skills and step into the shoes of a professional working performer. Students will be taken to see a show in one of our theatres across the Southwest and gain a real understanding for live performance and what it takes to be a professional within the arts industries. Students will also be taken on a backstage tour to see how the inner workings of a professional theatre combine to create a live performance. An opportunity not to be missed! Monday: Princess Theatre Backstage Tour Tuesday: Drama workshop from professional external practitioner TBC Wednesday: Drama workshop from professional external practitioner TBC Thursday: Trip to the Theatre to watch a live show TBC.			

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Upcycled Fashion Week			
Cost: £32	Max No: 30	Years 7, 8 & 9	4 days (Mon - Thurs)
Spend a week creating and upcycling clothing and accessories from pre-loved clothing using equipment and tools at College. We will use a variety of skills and techniques to make our new clothes and accessories original and stylish, learning about sewing textiles, dying fabric and making bags, skirts and/or tops from clothing that people no longer want.			
Week of Sport			
Cost: Free	Max No: 40	Years 7, 8 & 9	4 days (Mon - Thurs)
Spend the week playing a variety of sports. Dependent on the students involved this could include anything from a fun session in the swimming pool, to ultimate frisbee, to organising a competition in your favourite sport. You decide!			
Board Games			
Cost: Free	Max No.40	Years 7, 8 & 9	4 days (Mon - Thurs)
Play different board games and garden games			



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